



# DECEMBER 2023 NEWSLETTER

## Agricultural, Life & Environmental Sciences Graduate Students' Association

### Embarking on an examination journey in Grad school this Fall? Here's a quick guide!

#### Do's:

- Prioritize Time Management
- Embrace Academic Challenges
- Seek Mentorship
- Stay Organized
- Study Buddies Help
- Be Prepared



#### Don't:

- Procrastinate
- Isolate Yourself
- Fear Failure
- Neglect Self-Care
- Overcommit

[Learn more about Exam Guidelines for Students at the Office of the Registrar.](#)

[Visit the Academic Success Centre for help on your writing and other related Academic activities.](#)

**Wishing you success in your Exam this Fall!**

## Academic Symphony: A Grad School Ode



In the hallowed halls where knowledge reigns,  
In grad school's grip, where wisdom strains, A  
journey embarked, a scholarly dance,  
Advantages abound, let's give them a chance.

Oh, the lessons learned, profound and deep, In  
the library's silence, where secrets seep.  
Research whispers in the midnight air, A  
symphony of ideas, beyond compare.

Thesis threads weave a tapestry bold, In the  
crucible of knowledge, stories unfold. Minds  
sharpened, like blades of thought, In grad  
school's crucible, brilliance sought.

Advantages aplenty, like stars in the sky,  
Networking constellations, friendships high.  
Colleagues, mentors, forging connections, A  
scholarly family, with shared reflections.

Through challenges faced and obstacles braved,  
in grad school's embrace, courage engrained.  
Resilience fostered, like seeds in the rain,  
Blooming success, a lifelong gain.

A fortress of learning, where dreams take flight,  
In grad school's domain, bathed in academic  
light. Advantages myriad, like gems in a mine,  
Sparkling achievements, a legacy divine.

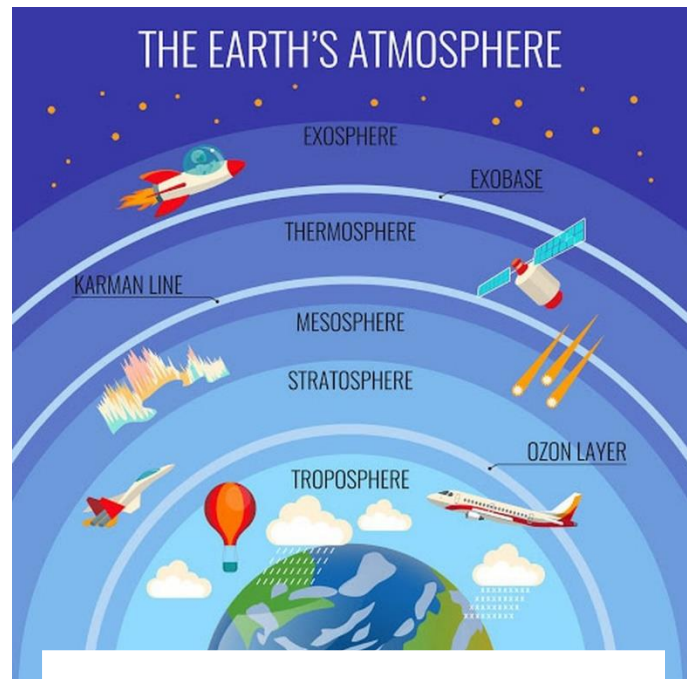
So, raise a glass to the grad school maze, Where  
challenges conquered in knowledge's blaze.  
Advantages countless, like pages in a book, In  
the scholar's journey, come, take a look!

-ERO (2023)

## Did you know?

“The ozone layer is on track to recover”. What happened? Burning and releasing gaseous chlorine or bromine from industry and other human activities. The good news is that the UN reports that worldwide efforts to phase out ozone-depleting chemicals will entirely rebuild the ozone layer within 40 years.

-Globalcitizen.org



Vijiram and Ravi (Institute for IAS examinations, <https://vajiramandravi.com/>)

Do you have a story, poem, artwork, drawings, etc. to share? Please send them to [alesgsa@ualberta.ca](mailto:alesgsa@ualberta.ca) to be featured in future Newsletters.

## Share your Story!!!

The ALES GSA team invites you to share your story!

Include a picture of yourself and a short story of your journey/ research. Email your name, program, and picture(s) to [alesgsa@ualberta.ca](mailto:alesgsa@ualberta.ca) with the Subject line: “ALESstudents”. Your story will be posted on the Faculty of ALES Instagram ([Ualberta\\_ALES](https://www.instagram.com/Ualberta_ALES)).

### For Questions, information and concerns, Contact the ALES GSA Executives:

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